

CoQ10 (also known as ubiquinone) is found in the mitochondria of every cell and in high concentrations in heart tissue. Necessary for the basic functioning of cells, it helps maintain cardiovascular health and promotes vitality and energy production. CoQ10 levels are reported to decline with age.¹

CoQ10 is a fat-soluble nutrient and therefore is best taken with a small amount of fat.

**WE GUARANTEE OUR SUPPLEMENTS
FOR POTENCY AND PURITY**

To report a serious adverse event, call 1-888-710-0006

¹ These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

VEGETARIAN CoQ10 300 mg

Supports Energy Production¹

Dietary Supplement

30 VEGETARIAN CAPSULES



Supplement Facts

Serving Size 1 Capsule Servings Per Container 30

Amount Per Serving	% Daily Value
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Calcium (from di-calcium phosphate)	35 mg 4%
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CoEnzyme Q10	300 mg *
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* Daily Value not established.

Other ingredients: Capsule (vegetable source), cellulose, silica, magnesium stearate (vegetable source).

SUGGESTED USE: Take one capsule daily with food.

CONTAINS NO artificial colors, flavors or preservatives; no wheat, gluten, milk, eggs, peanuts, tree nuts, soy, crustacean shellfish or fish. Suitable for vegans.

KEEP OUT OF REACH OF CHILDREN. VL 163-30E



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