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Suggested Usage: As a dietary supplement, adults take 1 tablet twice daily or as directed by your health professional.

Warning: If you are pregnant, nursing, have any health condition or taking any medication, consult your health professional before using this product.

KEEP OUT OF THE REACH OF CHILDREN.

Store in a cool, dry place. Use only if safety seal is intact.



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Gluten-free, Non-GMO

†This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Contents may not fill package in order to accommodate required labeling. Please rely on stated quantity.

Formula #7466 V2

Mag-2: Cal-1

Dietary Supplement

Mineral support for healthy bones†



180 Tablets

Supplement Facts

Serving Size 1 Tablet
Servings Per Container 180

	Amount Per Serving	%DV
Vitamin C (as calcium/magnesium ascorbate complex)	75 mg	83%
Vitamin D ₃ (as cholecalciferol)	0.325 mcg (13 IU)	2%
Calcium (as calcium citrate carbonate/ascorbate complex)	125 mg	10%
Magnesium (as magnesium aspartate/oxide/ascorbate complex)	250 mg	60%
Boron (as boron citrate/aspartate complex)	2 mg	*
Glutamic Acid	20 mg	*

*Daily Value (DV) not established

Other ingredients: Microcrystalline cellulose, coating (polyvinyl alcohol, titanium dioxide, polyethylene glycol, magnesium silicate, isopropanol), hydroxypropyl cellulose, croscarmellose sodium, stearic acid, vegetable stearate and silica

Manufactured by: Douglas Laboratories
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