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Suggested Usage: As a dietary supplement, adults take 1 capsule daily or as directed by your health professional.

Warning: Not to be taken by pregnant or lactating women. If you have any health condition or are taking any medication, consult your health professional before use.

KEEP OUT OF THE REACH OF CHILDREN.

Store in a cool, dry place. Use only if safety seal is intact.



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Gluten-free, Non-GMO

†This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Contents may not fill package in order to accommodate required labeling. Please rely on stated quantity.

Formula #7670 V3

Ayur- Ashwagandha

Dietary Supplement

Traditional support for general wellness and stress management†



60 Capsules

Supplement Facts

Serving Size 1 Capsule

Servings Per Container 60

	Amount Per Serving	%DV
Ashwagandha Extract.....	300 mg	*
<i>(Withania somnifera, whole plant, standardized to 7% withanolides, 1% alkaloids, and 0.25% withaferine-A)</i>		

*Daily Value (DV) not established

Other ingredients: Microcrystalline cellulose, gelatin (capsule), vegetable stearate and magnesium silicate

Manufactured by: Douglas Laboratories
600 Boyce Road, Pittsburgh, PA 15205

www.douglaslabs.com 1.800.245.4440