

DIRECTIONS: Take 1 tablet daily with food as a dietary supplement or as directed by a healthcare professional.

KEEP OUT OF REACH OF CHILDREN.
Protect from heat, light and moisture.
Store in a cool, dry place.

DO NOT PURCHASE IF SEAL IS BROKEN.

MADE IN THE U.S.A. FROM GLOBALLY SOURCED INGREDIENTS.

ITEM 049 TC #310116512N2



MILLTRIUM SENIOR WITH LUTEIN

Compare to
Centrum® Silver® Adults†
DIETARY SUPPLEMENT

120 TABLETS

NO

**SUGAR, YEAST,
SOY, WHEAT, MILK,
ARTIFICIAL COLORS,
FLAVORS OR
PRESERVATIVES**

– Gluten Free –

†Centrum®Silver® is a registered trademark of Pfizer, Madison, NJ
FloraGLO® is a registered trademark of Kemin Industries, Inc

For more information visit us at windmillvitamins.com

Distributed by: Windmill Health Products®
10 Henderson Drive,
West Caldwell, NJ 07006

Supplement Facts

Serving Size: 1 tablet

	Amount Per Serving	%DV
Vitamin A (as retinyl acetate and 40% beta-carotene)	750 mcg	83%
Vitamin C (as ascorbic acid)	60 mg	67%
Vitamin D (as cholecalciferol)	25 mcg (1,000 IU)	125%
Vitamin E (as dl-alpha-tocopheryl acetate)	22.5 mg	150%
Vitamin K (as phyloquinone)	30 mcg	25%
Vitamin B1 (as thiamin mononitrate)	1.5 mg	125%
Vitamin B2 (as riboflavin)	1.7 mg	131%
Niacin (as niacinamide)	20 mg NE	125%
Vitamin B6 (as pyridoxine HCl)	3 mg	176%
Folate (as folic acid)	.667 mcg DFE (400 mcg folic acid)	167%
Vitamin B12 (as cyanocobalamin)	25 mcg	1,042%
Biotin	30 mcg	100%
Pantothenic acid (as D-calcium pantothenate)	10 mg	200%
Calcium (as calcium carbonate and dicalcium phosphate)	220 mg	17%
Phosphorus (as dicalcium phosphate)	20 mg	2%
Iodine (as potassium iodide)	150 mcg	100%
Magnesium (as magnesium oxide)	60 mg	12%
Zinc (as zinc oxide)	11 mg	100%
Selenium (as sodium selenate)	55 mcg	100%
Copper (as cupric oxide)	0.5 mg	56%
Manganese (as manganese sulfate)	2.3 mg	100%
Chromium (as chromium chloride)	50 mcg	143%
Molybdenum (as ammonium heptamolybdate)	45 mcg	100%
Chloride (as potassium chloride)	72 mg	3%
Potassium (as potassium chloride)	80 mg	2%
Boron	150 mcg	*
Lycopene	300 mcg	*
Lutein (FloraGLO®)(from marigold flower)	250 mcg	*
Nickel (as nickelous sulfate)	5 mcg	*
Silicon (as sodium metasilicate)	2 mg	*
Vanadium (as vanadyl sulfate)	10 mcg	*

*Daily Value (DV) not established

Other Ingredients: Microcrystalline cellulose, stearic acid, croscarmellose sodium, magnesium stearate, silica and coating (hypromellose, glycerine, talc, carnauba wax).

Contains fish.