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Suggested Usage: As a dietary supplement, adults take 1 tablet 1-2 times daily or as directed by your health professional.

Warning: If you are pregnant or nursing, or if you are taking prescription medications, consult your health professional before using this supplement.

KEEP OUT OF THE REACH OF CHILDREN.

Store in a cool, dry place. Use only if safety seal is intact.



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Gluten-free, Non-GMO

†This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Contents may not fill package in order to accommodate required labeling. Please rely on stated quantity.

Formula #7928 V2

B₁₂ 500 mcg

Dietary Supplement



100 Tablets

Supplement Facts

Serving Size 1 tablet
Servings Per Container 100

	Amount Per Serving	%DV
Vitamin B ₁₂	500 mcg	20,833%
(as cyanocobalamin)		
% Daily Value (DV)		

Other ingredients: Microcrystalline cellulose, stearic acid, croscarmellose sodium, vegetable stearate and silica

Manufactured by: Douglas Laboratories
600 Boyce Road, Pittsburgh, PA 15205
www.douglaslabs.com 1.800.245.4440