

DIRECTIONS: Take 1 tablet daily with food as a dietary supplement or as directed by a healthcare professional.

KEEP OUT OF REACH OF CHILDREN.
Protect from heat, light and moisture.
Store in a cool, dry place.

DO NOT PURCHASE IF SEAL IS BROKEN.
Made in the U.S.A. from globally sourced ingredients.

WINDMILL[®]
COMPARABLES[™]
DAILY ONE
FOR MEN
Multivitamin & Mineral Formula

Compare to
One-A-Day[®] Men's[†]

DIETARY SUPPLEMENT

60 TABLETS

NO

**WHEAT, SOY, SUGAR,
SALT, YEAST, MILK,
ARTIFICIAL COLORS,
FLAVORS OR
PRESERVATIVES**

– Gluten Free –

†One-A-Day[®] Men's Is a registered trademark of Bayer HealthCare LLC, Consumer Care Division, Morristown, NJ

Distributed by:
Windmill Health Products[®]
10 Henderson Drive
West Caldwell, NJ 07006

**For more information visit
us at windmillvitamins.com**

Supplement Facts

Serving Size: 1 Tablet

	Amount Per Serving	% Daily Value
Vitamin A (as retinyl acetate & 14% as beta-carotene)	1,050 mcg RAE	117%
Vitamin C (as ascorbic acid, sodium ascorbate & ascorbyl palmitate)	60 mg	67%
Vitamin D (as ergocalciferol)	17.5 mcg (700 IU)	88%
Vitamin E (as dl-alpha-tocopheryl acetate)	15 mg	100%
Vitamin K (as phytonadione)	20 mcg	17%
Thiamin (as thiamin mononitrate)	1.35 mg	113%
Riboflavin	1.7 mg	131%
Niacin (as niacinamide)	18 mg	113%
Vitamin B6 (as pyridoxine HCl)	3 mg	176%
Folate (as folic acid)	667 mcg DFE (400 mcg folic acid)	167%
Vitamin B12 (as cyanocobalamin)	18 mcg	750%
Biotin	75 mcg	250%
Pantothenic acid (as D-calcium pantothenate)	16 mg	320%
Calcium (as calcium carbonate, dicalcium phosphate & tricalcium phosphate)	210 mg	16%
Magnesium (as magnesium oxide)	140 mg	33%
Zinc (as zinc oxide)	15 mg	136%
Selenium (as sodium selenate)	110 mcg	200%
Copper (as copper oxide)	2 mg	222%
Manganese (as manganese sulfate)	2 mg	87%
Chromium (as chromium chloride)	120 mcg	343%
Lycopene	300 mcg	

*Daily value not established.

Other Ingredients: Microcrystalline cellulose, croscarmellose sodium, stearic acid, magnesium stearate, silica and coating (hypromellose, glycerine, carnauba wax, talc)

ITEM 077 TC #310/27406N2

