

ALTRUM®

ENERGY SUPPORT

Metabolic energy and
Adrenal support*

GMP

Dietary Supplement 90 Veg Capsules

Non-GMO

Suggested Usage: Take 2 capsules daily as needed with 8-12 oz. of water. This product combines a comprehensive array of nutrients and dietary ingredients to fill up your body with energy.* This product has been formulated with ingredients such as B vitamins, green tea, panax ginseng, and rhodiola to support thermogenesis, energy production, and adrenal function.* Caffeine is present in this product as a naturally occurring constituent of herbal ingredients such as guarana, yerba mate, and green tea.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Not manufactured with wheat, gluten, milk, egg, fish, shellfish or tree nut ingredients. Produced in a GMP facility that processes other ingredients containing these allergens.

This product has approx. 64 mg of natural caffeine per serving (equivalent to about 1/2 cup of coffee).

Caution: For adults only. This product contains niacin which may cause temporary flushing, tingling or skin reddening. Consult physician if pregnant/nursing, taking medication, or have a medical condition. Discontinue use if nervousness, sleeplessness or nausea occur. Keep out of reach of children.

Natural color variation may occur in this product.

TRAACS® is a registered trademark of Albion Laboratories, Inc.

Distributed by
ALTRUM Nutrition Div. of AMSOIL INC.
Superior, WI 54880
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Product code-ALES
REV: 1

Supplement Facts

Serving Size 2 Veg Capsules Servings Per Container 45

	Amount Per Serving	% Daily Value
Vitamin E (as d-alpha Tocopheryl Succinate)	15 IU	50%
Thiamin (Vitamin B-1) (from Thiamin HCl)	8 mg	533%
Riboflavin (Vitamin B-2)	10 mg	588%
Niacin (Vitamin B-3)	25 mg	125%
Vitamin B-6 (from Pyridoxine HCl)	10 mg	500%
Vitamin B-12 (as Cyanocobalamin)	100 mcg	1667%
Pantothenic Acid (from Calcium Pantothenate)	10 mg	100%
Iodine (from Organic Kelp) (<i>Laminaria spp.</i>) (Whole Plant)	150 mcg	100%
Chromium (from Chromium Nicotinate Glycinate) (TRAACS®)	200 mcg	167%
Potassium (from Potassium Aspartate)	55 mg	2%
Guaraná Extract (<i>Paullinia cupana</i>) (Seed) (44 mg of naturally occurring caffeine)	200 mg	†
Green Tea Extract (<i>Camellia sinensis</i>) (Leaf) (up to 16 mg of naturally occurring caffeine)	200 mg	†
Panax Ginseng (Root)	150 mg	†
Organic Eleuthero (<i>Eleutherococcus senticosus</i>) (Root)	150 mg	†
Rhodiola Extract (<i>Rhodiola rosea</i>) (Root)	100 mg	†
Licorice (<i>Glycyrrhiza glabra</i>) (Root)	100 mg	†
Gotu Kola (<i>Centella asiatica</i>) (Aerial Parts)	100 mg	†
Yerba Mate Extract (<i>Ilex paraguariensis</i>) (Leaf) (4 mg of naturally occurring caffeine)	50 mg	†
Cayenne (<i>Capsicum annuum</i>) (Fruit)	50 mg	†
Alpha Lipoic Acid	15 mg	†
CoQ10 (Coenzyme Q10)	10 mg	†

† Daily Value not established.

Other ingredients: Hypromellose (cellulose capsule) and Magnesium Stearate (vegetable source). Vitamin E from non-GMO soy.