

Read the entire label and follow the directions carefully prior to use.

DIRECTIONS: Take one (1) mL 30 to 60 minutes before bedtime, or as recommended by a healthcare practitioner. 1 mL is equivalent to approximately 20 drops.

CAUTION: Do not consume alcohol, drive or operate machinery after taking this product.

Store tightly closed in a cool, dry place.

WARNINGS:

- KEEP OUT OF REACH OF CHILDREN.
- DO NOT EXCEED RECOMMENDED DOSE.
- Do not purchase if outer seal is broken or damaged.
- When using nutritional supplements, please consult with your physician if you are undergoing treatment for a medical condition or if you are pregnant or lactating.



L02234C



LIFE
EXTENSION®

Fast-Acting Liquid Melatonin

Citrus-Vanilla Flavor



Promotes Optimal Sleep*

NET WT. 2 FL. OZ.
(59 ML)

DIETARY
SUPPLEMENT

Supplement Facts

Serving Size 1 mL • Servings Per Container: About 59

Amount Per Serving	% Daily Value	
Total carbohydrate	1 g	<1%
Melatonin	3 mg	**

**Daily Value not established.

Other ingredients: glycerin, purified water, orange and vanilla flavors, gum arabic, citric acid.

Manufactured for:

Quality Supplements and Vitamins, Inc.

Ft. Lauderdale, Florida 33309 • LifeExtension.com

To report a serious adverse event or obtain product information, contact 1-866-280-2852.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.