



NOOTROPICS DEPOT

# MAGNESIUM GLYCINATE 250 GRAMS

Dietary Supplement | Fully Chelated Magnesium Glycinate | Net Wt.: 8.8oz (250g)

**Disclaimer:** Always consult with a qualified health physician before taking any new dietary supplement. This product is not intended to diagnose, treat, cure or prevent any diseases. These statements have not been evaluated by the Food & Drug Administration.

## Supplement Facts

Serving Size: 1600mg Servings Per Container: Approx. 156	Amount Per Serving	% Daily Value*
Magnesium (elemental) (from 1600mg magnesium bisglycinate chelate monohydrate)	200mg	50%

\*Based on 2,000 Calorie Diet

**Suggested Use:** As a dietary supplement, take 1600mg once daily.

**Warning:** Keep out of reach of children. Do not take this or any other supplement if under the age of 18, pregnant or nursing a baby, or if you have any known or suspected medical conditions, and/or taking prescription drug(s) or OTC medication(s). Transfer scoops are not accurate forms of measurement. A milligram scale is needed to accurately measure dosages.

**Storage:** Store in a cool and dry place. Keep away from direct sunlight and heat.

Lot: MGTS1120619

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