

Other ingredients: Purified water, natural vegetable glycerin, apple juice concentrate, lemon crème flavor with other natural flavors, medium chain triglycerides, xanthan gum, purified stevia leaf extract, citric acid, potassium sorbate, rosemary leaf extract, natural mixed tocopherols

Manufactured in Canada for: Douglas Laboratories
600 Boyce Road, Pittsburgh, PA 15205
www.douglaslabs.com 1.800.245.4440

Suggested Usage: As a dietary supplement, adults take 2 teaspoons daily, with a meal.

Warning: If you are pregnant or lactating, have any health condition or are taking any medication, consult your health professional before use.

KEEP OUT OF THE REACH OF CHILDREN.

Store in a cool, dry place. Use only if safety seal is intact.

*FloraGLO is a registered trademark for Kemin Industries, Inc.

ChromeMate® brand niacin-bound chromium.
CHROMEMATE® ChromeMate® is a registered trademark of InterHealth, N.I.

Gluten-free, Non-GMO

†This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Contents may not fill package in order to accommodate required labeling. Please rely on stated quantity.

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Formula # 200530 V2

Liquid Multivitamin

Dietary Supplement

Liquid multivitamin/mineral with fruit and vegetable blend for daily wellness†



Net Weight
7.8 fl oz (230ml)

Supplement Facts

Serving Size 2 Teaspoons (10 ml)

Servings Per Container 23

Amount Per Serving	%DV	Amount Per Serving	%DV
Calories	15	Zinc (as zinc gluconate)	12 mg 109%
Total Carbohydrate	4 g 1% [^]	Manganese	1 mg 43%
		(as manganese gluconate)	
Vitamin A	300 mcg 33%	Chromium	200 mcg 571%
(as beta carotene)		(as chromium polynicotinate)	
Vitamin C (as ascorbic acid) ...	100 mg 111%		
Vitamin D ₃	20 mcg (800 IU) 100%	Fruit and Vegetable	
(as cholecalciferol, from lichen)		Powder Blend (Organic)	150 mg *
Vitamin E	20 mg 134%	Strawberry fruit, tart cherry fruit, blackberry	
(as d-alpha tocopherol acetate)		fruit, blueberry fruit, raspberry fruit, beet root,	
Thiamine (as thiamine HCl)	7.5 mg 625%	carrot root, spinach leaf, broccoli stem and	
Riboflavin	4 mg 308%	floret, tomato fruit, kale leaf, cabbage leaf,	
(as riboflavin-5-phosphate)		parsley leaf, brussels sprout edible head,	
Niacin (as niacinamide)	25 mg 156%	green bell pepper fruit, cucumber whole fruit,	
Vitamin B ₆ (as pyridoxine HCl) ...	5 mg 294%	celery stalk, garlic bulb, ginger root, green	
Biotin	400 mcg 1,333%	onion, cauliflower curd, asparagus stalk	
Pantothenic Acid	20 mg 400%	Lutein (FloraGLO®)	3 mg *
(as calcium pantothenate)		Boron (as boron glycinate)	0.7 mg *
Calcium (as calcium citrate)	40 mg 3%		
Iodine (as potassium iodide) ...	75 mcg 50%		
Magnesium	20 mg 5%		
(as magnesium citrate)			

*Daily Value (DV) not established

[^]Percent Daily Values are based on a 2,000 calorie diet