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**Suggested Usage:** As a dietary supplement, adults take 1 capsule daily with food or as directed by your health professional.

**Warning:** If you are pregnant, nursing, have any health condition or taking any medication, consult your health professional before using this product.

KEEP OUT OF THE REACH OF CHILDREN.

Store in a cool, dry place. Use only if safety seal is intact.



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**Gluten-free, Non-GMO**

†This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Contents may not fill package in order to accommodate required labeling. Please rely on stated quantity.

Formula #200460 V3

# R-Lipoic Acid

## Dietary Supplement

Antioxidant, heart and metabolic support†



**60 Vegetarian Capsules**

## Supplement Facts

Serving Size 1 Vegetarian Capsule  
Servings Per Container 60

	Amount Per Serving	%DV
Sodium .....	14 mg	<1%
R-Lipoic Acid .....	100 mg	*
(as sodium R-lipoic acid)		

\*Daily Value (DV) not established

Other ingredients: Microcrystalline cellulose, hydroxypropyl methylcellulose (capsule), sodium carbonate and ascorbyl palmitate

Manufactured for: Douglas Laboratories  
600 Boyce Road, Pittsburgh, PA 15205  
[www.douglaslabs.com](http://www.douglaslabs.com) 1.800.245.4440