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Manufactured by: Douglas Laboratories
600 Boyce Road, Pittsburgh, PA 15205
www.douglaslabs.com 1.800.245.4440

Suggested Usage: As a dietary supplement, adults take 2 capsules daily or as directed by your health professional.

Warning: Not to be taken by pregnant or lactating women. If you have any health condition or are taking any medication, particularly antidepressants or other psychiatric medications, consult your health professional before use.

TryptoPure® is a registered trademark of Ajinomoto AminoScience, LLC.

Bioperine® is a registered trademark of Sabinsa Corporation.

KEEP OUT OF THE REACH OF CHILDREN.

Store in a cool, dry place. Use only if safety seal is intact.



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Gluten-free, Non-GMO

This statement has not been evaluated
by the Food and Drug Administration.
This product is not intended to diagnose,
treat, cure, or prevent any disease.

Contents may not fill package in order to
accommodate required labeling. Please rely
on stated quantity.

Formula # 200448 V3

L-Tryptophan

Dietary Supplement



60 Vegetarian Capsules

Supplement Facts

Serving Size 2 Vegetarian Capsules
Servings Per Container 30

	Amount Per Serving	%DV
Vitamin C (as ascorbyl palmitate).....	10 mg	11%
Riboflavin	10 mg	769%
(as riboflavin-5-phosphate)		
Niacin	26.7 mg	167%
(as niacinamide and L-tryptophan)		
Vitamin B ₆	10 mg	588%
(as pyridoxal-5-phosphate)		
L-Tryptophan (as TryptoPure®)	1,000 mg	*
Bioperine®	5 mg	*
(<i>Piper nigrum</i> , black pepper extract, fruit)		

*Daily Value (DV) not established

Other ingredients: Hydroxypropyl methylcellulose (capsule),
silica and microcrystalline cellulose