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**Suggested Usage:** As a dietary supplement, adults take 1 capsule daily or as directed by your health professional.

**Warning:** If you are pregnant, nursing, have any health condition or taking any medication, consult your health professional before using this product.

**CHROMEMATE**® is a registered trademark of InterHealth N.I.  
KEEP OUT OF THE REACH OF CHILDREN.

Store in a cool, dry place. Use only if safety seal is intact.



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**Gluten-free, Non-GMO**

†This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Contents may not fill package in order to accommodate required labeling. Please rely on stated quantity.

Formula #80240 V2

# Chromium 400 mcg

## Dietary Supplement

Metabolic health†



100 Capsules

## Supplement Facts

Serving Size 1 Capsule  
Servings Per Container 100

	Amount Per Serving	%DV
Chromium .....	400 mcg	1,143%
(as chromium polynicotinate, ChromeMate®)		
% Daily Value (DV)		

Other ingredients: Microcrystalline cellulose, gelatin (capsule) and vegetable stearate

Manufactured by: Douglas Laboratories  
600 Boyce Road, Pittsburgh, PA 15205  
[www.douglaslabs.com](http://www.douglaslabs.com) 1.800.245.4440