

Scan for
product info

Read the entire label and follow the directions
carefully prior to use.

DIRECTIONS: Take one (1) capsule one to
four times daily, or as recommended by a
healthcare practitioner.

Store tightly closed in a cool, dry place.

WARNINGS:

- KEEP OUT OF REACH OF CHILDREN.
- DO NOT EXCEED RECOMMENDED DOSE.
- Do not purchase if outer seal is broken
or damaged.
- When using nutritional supplements,
please consult with your physician if
you are undergoing treatment for a
medical condition or if you are pregnant
or lactating.



L01683F



**LIFE
EXTENSION®**

L-Theanine
100 mg



Promotes a Calming and
Mood Enhancing Effect*

60 VEGETARIAN
CAPSULES

DIETARY
SUPPLEMENT

Supplement Facts

Serving Size 1 Vegetarian Capsule

Amount Per Serving	% Daily Value
L-Theanine	100 mg **

**Daily Value not established.

Other ingredients: microcrystalline cellulose,
vegetable cellulose (capsule), silica, vegetable
stearate.

Manufactured for:
Quality Supplements and Vitamins, Inc.
Ft. Lauderdale, FL 33309
LifeExtension.com

To report a serious adverse event or
obtain product information, contact
1-866-280-2852.

*These statements have not been evaluated by
the Food and Drug Administration. This product
is not intended to diagnose, treat, cure, or
prevent any disease.