

SUGGESTED USE: Take two softgels daily with meals.

CONTAINS NO artificial colors, flavors or preservatives; no wheat, gluten, milk, eggs, peanuts, tree nuts, crustacean shellfish or fish.

The prostate is a small gland of the male reproductive system that often enlarges with age. Extensive research done on prostate issues and several nutrients shows a number of plants and micronutrients may play a role in preventing or delaying prostate-related problems in males. Our **Prostate Support Softgels** contain nutrients in amounts studied to specifically maintain men's health.[†]

Plant sterols (such as beta-sitosterol) and Pumpkin Seed Oil: May assist with vascular health which may improve blood flow.[†]

Lycopene, Vitamin E, Selenium and Zinc: Antioxidants which may play specific roles in prostate health.[†]

Soy and Green Tea: Nutrients studied that may affect cell activities in the prostate gland.[†]

Saw Palmetto, Pygeum and Nettle: Herbs containing naturally occurring phytosterols, used for centuries to benefit the prostate.[†]

Lyc-O-Mate® is a registered trademark of Lycored, Natural Product Industries, Ltd.

**WE GUARANTEE OUR SUPPLEMENTS
FOR POTENCY AND PURITY**

To report a serious adverse event, call 1-888-710-0006

[†]These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

MEN'S HEALTH

PROSTATE SUPPORT SOFTGELS

With Phytosterols

Dietary Supplement

60 SOFTGELS



Supplement Facts

Serving Size 2 Softgels

Servings Per Container 30

Amount Per Serving	% Daily Value	
Total Calories 10		
Calories from fat 10		
Total Fat	1 g	1%**
Vitamin E (as d-alpha tocopherol)	30 IU	100%
Zinc (from zinc picolinate)	15 mg	100%
Selenium (from L-selenomethionine)	70 mcg	100%
Pumpkin Seed Oil (cold pressed)	1,200 mg	*
Typical fatty acid composition:		
Alpha-Linolenic Acid (Omega-3)	12 mg	
Linoleic Acid (Omega-6)	744 mg	
Oleic Acid (Omega-9)	247 mg	
Saw Palmetto (<i>Serenoa repens</i>) (berry)		
Standardized to 85-95% fatty acids and sterols	300 mg	*
Nettle (<i>Urtica dioica</i>) (root)	150 mg	*
Pygeum bark extract (<i>Prunus africana</i>)	100 mg	*
Phytosterols (44 mg from beta-sitosterol)	100 mg	*
Green tea extract		
Standardized to 95% polyphenols	100 mg	*
Soy isoflavones (non-GMO)	50 mg	*
Lycopene (Lyc-O-Mate®)	5 mg	*

* Daily Value not established.

** Percent Daily Value is based on a 2,000 calorie diet.

Other Ingredients: Softgel (gelatin, glycerin, turmeric, sodium copper chlorophyllin), natural beeswax (yellow), soy lecithin.

KEEP OUT OF REACH OF CHILDREN.

VL 154E

