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Manufactured by: Douglas Laboratories
600 Boyce Road, Pittsburgh, PA 15205
www.douglaslabs.com 1.800.245.4440

Suggested Usage: As a dietary supplement, adults take 2 tablets daily with food or as directed by your health professional. This product is best taken with meals.

Warning: If you are pregnant or nursing, or if you are taking prescription medications, consult your health professional before using this supplement.

Metafolin® is a registered trademark of Merck KGaA, Darmstadt, Germany.

PteroPure® is a trademark of ChromaDex, Inc.

OptiZinc® OptiZinc® is a trademark of InterHealth N.J.

KEEP OUT OF THE REACH OF CHILDREN.

Store in a cool, dry place. Use only if safety seal is intact.

Gluten Free, Non-GMO



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manufacturing
excellence

*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Contents may not fill package in order to accommodate required labeling. Please rely on stated quantity.

Formula #201344 V3

ez Easy Swallow
Technology

Ultra Preventive® 2 Daily

Dietary Supplement

Comprehensive multivitamin/mineral
with phytonutrients for daily wellness*

DOUGLAS
LABORATORIES®

60 Tablets

Supplement Facts

Serving Size 2 Tablets
Servings Per Container 30

	Amount Per Serving	%DV		Amount Per Serving	%DV
Vitamin A.....	1,500 mcg	167%	Selenium.....	100 mcg	182%
(as natural beta-carotene)			(as selenium amino acid chelate)		
Vitamin C.....	120 mg	133%	Copper.....	1 mg	111%
(as ascorbic acid)			(as copper amino acid chelate)		
Vitamin D ₃ (as cholecalciferol)	25 mcg (1,000 IU)	125%	Chromium.....	120 mcg	343%
Vitamin E.....	67 mg	447%	(as chromium amino acid chelate)		
(as d-alpha tocopheryl succinate)			Molybdenum.....	100 mcg	222%
Thiamine.....	25 mg	2,083%	(as molybdenum amino acid chelate)		
(as thiamine HCl)			Potassium.....	30 mg	<1%
Riboflavin.....	10 mg	769%	(as potassium aspartate)		
(as riboflavin-5-phosphate)			Inositol.....	25 mg	*
Niacin/Niacinamide.....	30 mg	188%	Lutein.....	3 mg	*
Vitamin B ₆	10 mg	588%	Lycopene (natural).....	3 mg	*
(as pyridoxal-5-phosphate)			Zeaxanthin.....	1 mg	*
Folate (as Metafolin®, L-5-MTHF)	667 mcg DFE	167%	Astaxanthin.....	1 mg	*
(400 mcg L-5-MTHF)			Pterostilbene (PteroPure™)**)	10 mg	*
Vitamin B ₁₂ (as methylcobalamin)	250 mcg	10,417%	Proprietary Blend.....	300 mg	*
Biotin.....	300 mcg	1,000%	Wild Blueberry Extract (fruit, <i>Vaccinium angustifolium</i> , standardized to 4% polyphenols),		
Pantothenic Acid.....	25 mg	500%	Strawberry Extract (fruit, <i>Fragaria vesca</i> , standardized to 2% polyphenols), Spinach		
(as d-calcium pantothenate)			Extract (leaf, <i>Spinacia oleracea</i> , standardized to 1.5% polyphenols).		
Choline (from choline bitartrate).....	60 mg	11%			
Calcium.....	50 mg	4%			
(as calcium citrate/malate complex)					
Iodine (from kelp).....	150 mcg	100%			
Magnesium (as magnesium citrate).....	25 mg	6%			
Zinc (as OptiZinc®, monomethionine).....	15 mg	136%			

Other ingredients: Microcrystalline cellulose, tablet coating [cellulose gum, dextrose, titanium dioxide, cellulose, magnesium silicate, caramel, glycerin, natural vanilla flavor], croscarmellose sodium, stearic acid, hydroxypropyl cellulose, and silica