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Suggested Usage: As a dietary supplement, adults take 1 capsule daily on an empty stomach or as directed by your health professional.

Warning: If you are pregnant, or nursing, or if you are taking prescription medication, consult your health professional before using this product.

Lactium® is a registered trademark used under license.

Suntheanine® is a registered trademark of Taiyo International Inc.

KEEP OUT OF THE REACH OF CHILDREN.

Store in a cool, dry place. Use only if safety seal is intact.

Gluten-free, Non-GMO

†This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Contents may not fill package in order to accommodate required labeling. Please rely on stated quantity.

Formula #201348 V3



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Sereniten Plus

Dietary Supplement

Stress management and metabolic support †



30 Vegetarian Capsules

Supplement Facts

Serving Size 1 Vegetarian Capsule

Servings Per Container 30

	Amount Per Serving	%DV
Vitamin D ₃	2.5 mcg (100 IU) (as cholecalciferol)	13%
Casein Decapeptide	175 mg (milk, Lactium®)	*
L-Theanine	50 mg (Suntheanine®)	*

*Daily Value (DV) not established

Other ingredients: Microcrystalline cellulose, hydroxypropyl methylcellulose (capsule) and silica

Contains: Milk

Manufactured by: Douglas Laboratories
600 Boyce Road, Pittsburgh, PA 15205

www.douglaslabs.com 1.800.245.4440