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**Suggested Usage:** As a dietary supplement, adults take 1 tablet daily, or as directed by your health professional.

**Warning:** If you are pregnant, nursing, have any health condition or taking any medication, consult your health professional before using this product.

Metafolin® is a registered trademark of Merck KGaA, Darmstadt, Germany.

KEEP OUT OF THE REACH OF CHILDREN.

Store in a cool, dry place. Use only if safety seal is intact.



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**Gluten-free, Non-GMO**

This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Contents may not fill package in order to accommodate required labeling. Please rely on stated quantity.

Formula #201181 V2

# Methyl Folate

## 1,000 mcg Metafolin®

Dietary Supplement



60 Tablets

### Supplement Facts

Serving Size 1 Tablet  
Servings Per Container 60

	Amount Per Serving	%DV
Folate (as Metafolin® ..... L-5-MTHF)	1,667 mcg DFE (1,000 mcg L-5-MTHF)	417%

Other ingredients: Microcrystalline cellulose, dicalcium phosphate, croscarmellose sodium, stearic acid, vegetable stearate and silica

Manufactured by: Douglas Laboratories  
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