

## **Supplement Facts**

Serving Size: 1 Stick packet (8 g) / Sering Per Container: 14

	Amount Per Serving	% Daily Valu
Calories	20	
Total Fat	0 g	0%
Cholesterol	0 mg	0%
Total Carbohydrate	5 g	2%
Dietary Fiber	0 g	0%
Total Sugar	0 g	**
Protein	0 g	0%
Vitamin A (as palmitate) 3	6,635 mcg RAE	404%
Vitamin C (as ascorbic ac	id) 1,000 mg	1,111%
Vitamin B1 (as thiamin H0	CI) 380 mcg	32%
Vitamin B2 (as riboflavin)		33%
Vitamin B3 (as niacinamio	de) 20 mg NE	125%
Vitamin B6 (as pyridoxine	HCl) 10 mg	588%
VitaminB9 (folate, as folic acid	1) 16.7 mcg DFE	4%
Vitamin B12 (as cyanocobal	amin) 30 mcg	1,250%
Vitamin B5 (pantothenic acid, as d-ca	3 mg alcium pantothe	60% nate)
Calcium (as calcium carb	onate) 50 mg	4%
Magnesium (as magnesium	citrate) 20 mg	5%
Zinc (as zinc citrate)	30 mg	273%
Manganese (as manganese	sulfate) 2 mg	87%
Chromium (as chromium pico	linate) 100 mcg	286%
Potassium	25 mg	1%
Alpha-lipoic acid	1 mg	**

<sup>\*</sup> Percent Daily Values are based on a 2,000 calorie diet

\*\* Daily value not established.

Other ingredients: Maltodextrin, natural flavors, citric acid, malic acid, stevia, silica, beta-carotene (color).