



Pyridoxine HCL

Vitamin B6

Do not take more than 125mg per day.

Use a milligram scale for accurate measuring.

Storage: Keep dry, cool & dark

25kg (55.lbs)

Lot Number:

Date of manufacture

Supplement Facts

Serving Size 50 milligrams

Servings per container: 500000

Amount Per Serving	% Daily Value**
Vitamin B6 (as Pyridoxine HCL) 41 mg	2057%

* Daily Value not established.

** Based on 2,000 calorie diet

Other Ingredients: None

Free of: Sugar, soy, dairy, yeast, gluten, corn and additives.

Directions: As a dietary supplement, take 50 mg (1/64 tsp) once or twice daily, depending on individual needs or as directed by physician. For accurate measurement use of a milligram scale is recommended.

US Standard Measuring Spoons

Spoon Size (level)	milligrams
1/64 teaspoon	58
1/32 teaspoon	116
1/16 teaspoon	232

Warning: This product is not intended for use by those with a serious medical condition or pregnant or lactating women. Consult your physician before use. Keep out of reach of children.