

Supplement Facts

Serving Size: 1 Stick packet (8 g) / Sering Per Container: 14

	Amount Per Serving	% Daily Value*
Calories	20	
Total Fat	0 g	0%
Cholesterol	0 mg	0%
Total Carbohydrate	5 g	2%
Dietary Fiber	0 g	0%
Total Sugar	0 g	**
Protein	0 g	0%
Vitamin A (as palmitate)	3,635 mcg RAE	404%
Vitamin C (as ascorbic a	cid) 1,000 mg	1,111%
Vitamin B1 (as thiamin H	ICI) 380 mcg	32%
Vitamin B2 (as riboflavin)	430 mcg	33%
Vitamin B3 (as niacinam	ide) 20 mg NE	125%
Vitamin B6 (as pyridoxin	e HCl) 10 mg	588%
VitaminB9 (folate, as folic aci	id) 16.7 mcg DFE	4%
Vitamin B12 (as cyanocoba	alamin) 30 mcg	1,250%
Vitamin B5 (pantothenic acid, as d-c	3 mg alcium pantothe	60% nate)
Calcium (as calcium car	bonate) 50 mg	4%
Magnesium (as magnesiun	n citrate) 20 mg	5%
Zinc (as zinc citrate)	30 mg	273%
Manganese (as manganese	e sulfate) 2 mg	87%
Chromium (as chromium pic	olinate) 100 mcg	286%
Potassium	25 mg	1%
Alpha-lipoic acid	1 mg	**

^{*} Percent Daily Values are based on a 2,000 calorie diet.
** Daily value not established.

Other ingredients: Maltodextrin, natural flavors, citric acid, malic acid, stevia, silica, beta-carotene (color).