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product info

Read the entire label and follow the directions carefully prior to use.

**DIRECTIONS:** Take one (1) capsule daily on an empty stomach in the morning, or as recommended by a healthcare practitioner. Best utilized if taken with the co-factors vitamins B6 and C.

**CAUTION:** May cause anxiety, high blood pressure, and headache. Do not use if you have phenylketonuria. Do not use phenylalanine or tyrosine if you have cancer or muscular dystrophy. Because phenylalanine can elevate blood pressure in hypertensives, consult your healthcare practitioner if you have hypertension. Insomnia may occur from overstimulation if taken too close to bedtime.

**WARNINGS:**

- KEEP OUT OF REACH OF CHILDREN.
- DO NOT EXCEED RECOMMENDED DOSE.
- Do not purchase if outer seal is broken or damaged.
- When using nutritional supplements, please consult with your physician if you are undergoing treatment for a medical condition or if you are pregnant or lactating.



L01671D



**LIFE  
EXTENSION®**

**D, L-  
Phenylalanine  
500 mg**



**Enhances Mood\***

**100** VEGETARIAN  
CAPSULES

DIETARY  
SUPPLEMENT

**Supplement Facts**

Serving Size 1 Vegetarian Capsule

Amount Per Serving	% Daily Value
D,L-Phenylalanine	500 mg **

\*\*Daily Value not established.

**Other ingredients:** vegetable cellulose (capsule), vegetable stearate, microcrystalline cellulose.

Manufactured for:  
**Quality Supplements and Vitamins, Inc.**  
Ft. Lauderdale, FL 33309  
LifeExtension.com

To report a serious adverse event or obtain product information, contact  
1-866-280-2852.

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Store tightly closed in a cool, dry place.