

NEW**Buffered Formula****RESISTANCE
C****1000MG
VITAMIN C****LEMON LIME****Flavored Drink Mix****16
Nutrients
&
7
B Vitamins****Antioxidants
&
Electrolytes****14 SERVINGS
DIETARY SUPPLEMENT****14 STICK PACKS**

Supplement Facts

Serving Size: 1 Stick packet (8 g) / Serving Per Container: 14

	Amount Per Serving	% Daily Value*
Calories	20	
Total Fat	0 g	0%
Cholesterol	0 mg	0%
Total Carbohydrate	5 g	2%
Dietary Fiber	0 g	0%
Total Sugar	0 g	**
Protein	0 g	0%
Vitamin A (as palmitate)	3,635 mcg RAE	404%
Vitamin C (as ascorbic acid)	1,000 mg	1,111%
Vitamin B1 (as thiamin HCl)	380 mcg	32%
Vitamin B2 (as riboflavin)	430 mcg	33%
Vitamin B3 (as niacinamide)	20 mg NE	125%
Vitamin B6 (as pyridoxine HCl)	10 mg	588%
Vitamin B9 (folate, as folic acid)	16.7 mcg DFE	4%
Vitamin B12 (as cyanocobalamin)	30 mcg	1,250%
Vitamin B5 (pantothenic acid, as d-calcium pantothenate)	3 mg	60%
Calcium (as calcium carbonate)	50 mg	4%
Magnesium (as magnesium citrate)	20 mg	5%
Zinc (as zinc citrate)	30 mg	273%
Manganese (as manganese sulfate)	2 mg	87%
Chromium (as chromium picolinate)	100 mcg	286%
Potassium	25 mg	1%
Alpha-lipoic acid	1 mg	**

* Percent Daily Values are based on a 2,000 calorie diet.

** Daily value not established.

Other ingredients: Maltodextrin, natural flavors, citric acid, malic acid, stevia, silica, beta-carotene (color).

Produced in a facility that uses milk, soy, peanut, tree nut, wheat, egg, fish and shellfish ingredients.