

Scan for
product info

Read the entire label and follow the directions
carefully prior to use.

DIRECTIONS: Take one (1) tablet daily
with food, or as recommended by a
healthcare practitioner.

CAUTION: Do not use this product if
treated with methotrexate, fluorouracil,
phenytoin, phenobarbital, primidone, or
levodopa prior to consultation with your
personal physician.

WARNINGS:

- KEEP OUT OF REACH OF CHILDREN.
- DO NOT EXCEED RECOMMENDED DOSE.
- Do not purchase if outer seal is broken or
damaged.
- When using nutritional supplements,
please consult with your physician if you are
undergoing treatment for a medical condition
or if you are pregnant or lactating.



L01913D



**LIFE
EXTENSION®**

High Potency
**Optimized
Folate**

L-Methylfolate

8500 mcg DFE



GLUTEN FREE



Metabolically Active
Form of Folic Acid

30 VEGETARIAN
TABLETS

DIETARY
SUPPLEMENT

Supplement Facts

Serving Size 1 Vegetarian Tablet

Amount Per Serving	% Daily Value	
Folate	8500 mcg [°]	2125%
[as (6S)-5-Methyltetrahydrofolate, calcium salt]		

[°]DFE (dietary folate equivalents)

Other ingredients: microcrystalline
cellulose, dicalcium phosphate, stearic acid,
croscarmellose sodium, silica, vegetable
stearate.

Manufactured for:
Quality Supplements and Vitamins, Inc.,
Ft. Lauderdale, FL 33309
LifeExtension.com
To report a serious adverse event or
obtain product information, contact
1-866-280-2852.

Store tightly closed in a cool, dry place.