SUGGESTED USE: Adults, as a dietary supplement, take two (2) capsules daily.

KEEP OUT OF REACH OF CHILDREN.

DO NOT USE IF SAFETY SEAL IS BROKEN.

IF YOU ARE NURSING, PREGNANT, TAKING MEDICATION OR HAVE A MEDICAL CONDITION, CONSULT YOUR PHYSICIAN BEFORE TAKING THIS PRODUCT.

Dr. Mercola has been providing quality products since 2001.



DR MERCOLA®



Dietary Supplement

60 Capsules

Supplement Facts

Serving Size: 2 Capsules Servings Per Container: 30

	Amount Per Serving	%DV
OptiMSM® (Methylsulfonylmethane)	1,000 mg	*
Trimethylglycine (TMG)	100 mg	*
R-Alpha Lipoic Acid (from Na-RALA Sodium R-Lipoate)	25 mg	*

[Organic Broccoli (Whole Plant), Organic Garlic (Bulb), Organic Green Cabbage (Whole Plant), Organic Kale (Leaf)]

*Daily Value (DV) not established.

Dr. Mercola's Sulfur Blend

OTHER INGREDIENTS: Capsule (Hydroxypropyl Methylcellulose), Microcrystalline Cellulose, Silicon Dioxide.

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25 mg

OptiMSM® is a registered trademark of Bergstrom Nutrition.