



Pine Bark Extract

Derived from
Pinus massoniana Lamb bark

Consult your health professional before use.
Do not use with blood-thinning agents.
Discontinue use after 12 weeks.

Storage: Keep dry, cool & dark

100g (3.53oz)

Lot Number:

Date of manufacture

Supplement Facts

Serving Size 250 milligrams

Servings per container: 400

Amount Per Serving	% Daily Value**
Pine Bark Extract 250 mg	*
Standardized to contain > 95% Proanthocyanidin 238 mg	*

* Daily Value not established.

** Based on 2,000 calorie diet

Other Ingredients: None

Free of: sugar, soy, dairy, yeast, gluten, corn and additives.

Directions: As a dietary supplement, take 250 mg (rounded 1/16 tsp) a day, or as directed by physician.

US Standard Measuring Spoons

Spoon Size (level)	milligrams
1/16 teaspoon	187
1/8 teaspoon	375
1/4 teaspoon	751

Warning: This product is not intended for use by those with a serious medical condition or pregnant or lactating women. Consult your physician before use. Keep out of reach of children.

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.