

Scan for
product info

Read the entire label and follow the directions carefully prior to use.

DIRECTIONS: Take one (1) softgel daily with food, or as recommended by a healthcare practitioner.

CAUTION: Individuals consuming more than 50 mcg (2,000 IU)/day of vitamin D (from diet and supplements) should periodically obtain a serum 25-hydroxy vitamin D measurement. Do not exceed 10,000 IU per day unless recommended by your doctor. Vitamin D supplementation is not recommended for individuals with high blood calcium levels.

WARNINGS:

- KEEP OUT OF REACH OF CHILDREN.
- DO NOT EXCEED RECOMMENDED DOSE.
- Do not purchase if outer seal is broken or damaged.
- When using nutritional supplements, please consult with your physician if you are undergoing treatment for a medical condition or if you are pregnant or lactating.



L01718I



Vitamin D3

175 mcg (7000 IU)



GLUTEN FREE



DAILY



NON
GMO
LE CERTIFIED

Essential for Maintaining Healthy
Bone Growth and Density*

60 SOFTGELS | DIETARY
SUPPLEMENT

Supplement Facts

Serving Size 1 Softgel

Amount Per Serving		% Daily Value
Vitamin D3 (as cholecalciferol)	175 mcg	875%

Other ingredients: extra virgin olive oil, gelatin, medium chain triglycerides, glycerin, purified water, rosemary extract

Manufactured for:
Quality Supplements and Vitamins, Inc.
Ft. Lauderdale, Florida 33309 • LifeExtension.com
To report a serious adverse event or obtain product information, contact 1-866-280-2852.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Store tightly closed in a cool, dry place.