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product info

Read the entire label and follow the directions carefully prior to use.

DIRECTIONS: Take ten (10) capsules daily, or as recommended by a healthcare practitioner. Scientific studies suggest calcium supplementation in divided doses with food in the morning and evening may yield the best results.

CAUTION: Individuals consuming more than 50 mcg (2,000 IU)/day of vitamin D (from diet and supplements) should obtain a serum 25-hydroxy vitamin D measurement. Do not exceed 10,000 IU per day unless recommended by your healthcare provider. This product is not recommended for individuals with high blood calcium or potassium levels. Because potassium may have numerous drug interactions (most commonly, diuretics and blood pressure medications), consult your healthcare provider before taking this product if you are taking prescription medications and/or have heart or kidney disease. Due to the vitamin K, consult your healthcare provider before taking this product if you are taking antiplatelet or anticoagulant medications, or have a bleeding disorder.

Store tightly closed in a cool, dry place.

WARNINGS:

- KEEP OUT OF REACH OF CHILDREN.
- DO NOT EXCEED RECOMMENDED DOSE.
- Do not purchase if outer seal is broken or damaged.
- When using nutritional supplements, please consult with your physician if you are undergoing treatment for a medical condition or if you are pregnant or lactating.

⚠ **WARNING:** Reproductive Harm - www.P65Warnings.ca.gov.



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**LIFE
EXTENSION®**

Dr. Strum's Intensive Bone Formula

Special Purpose
Bone Formula*



300 CAPSULES

DIETARY
SUPPLEMENT

Supplement Facts

Serving Size 10 Capsules • Servings Per Container 30

Amount Per Serving	% Daily Value	
Vitamin D3 (as cholecalciferol)	200 mcg	1000%
Vitamin K2 (as <i>trans</i> menaquinone-7)	200 mcg	167%
Calcium [as di-calcium malate (DimaCal®)]	800 mg	62%
Magnesium (as magnesium citrate)	400 mg	95%
Zinc (as zinc citrate)	10 mg	91%
Potassium (as potassium citrate supplying 30 milliequivalents potassium)	1173 mg	25%
Winged treebine extract (aerial part) [std. to 10% ketosterones]	600 mg	**
Boron (from boron citrate, aspartate, glycinate)	6 mg	**
Silicon [from standardized Bamboo extract (stem)]	5 mg	**

** Daily Value not established.

Other Ingredients: vegetable cellulose (capsule), maltodextrin, stearic acid, silica, modified food starch, microcrystalline cellulose.

Manufactured for:
Quality Supplements and Vitamins, Inc.
Ft. Lauderdale, FL 33309 • LifeExtension.com
To report a serious adverse event or obtain product
information, contact 1-866-280-2852.

***These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.**

DimaCal® is a registered trademark of Albion Laboratories, Inc.
U.S. Patent 6,706,904.