

# DR. MERCOLA®

## MITOMIX™

# KETOGENIC BLEND

A Powder Blend of Pau d'Arco, Organic Hawthorn Berry, Organic King Trumpet Mushroom & White Willow

Supports a Ketogenic Diet for Mitochondrial Health



Dietary Supplement

NET WT. 3.7 OZ. (105 g)

### Supplement Facts

Serving Size: 1 Scoop (3.5 g)  
Servings Per Container: 30

|  | Amount Per Serving | %Daily Value |
|--|--------------------|--------------|
| Calories   | 10                 |              |
| Total Carbohydrate   | 3 g                | 1%*          |
| Dietary Fiber  | 1 g                | 4%*          |
| Calcium  | 70 mg              | 5%           |
| Dr. Mercola's Ketogenic Blend  | 3.5 g              |              |
| Pau d'Arco Bark  |                    | **           |
| Organic Hawthorn Berry (Fruit)   |                    | **           |
| Organic King Trumpet ( <i>Pleurotus eryngii</i> ) Mushroom (Mycelium)^ |                    | **           |
| White Willow Bark  |                    | **           |

\*Percent Daily Values are based on a 2,000 calorie diet.  
\*\*Daily Value not established.

DISTRIBUTED BY: NHP, 125 SW 3rd Place  
Cape Coral, FL 33991 USA (877) 985-2696

^Mycelial Biomass cultivated on Certified Organic Oats.

**†This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.**

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### KETOGENIC BLEND

Supports a Ketogenic Diet for Mitochondrial Health†

Mitomix Ketogenic Blend can be added to any beverage (hot or cold), your favorite shake or smoothie, or to your Dr. Mercola Organic Greens or Organic Fruits. To create a ketogenic Mitomix Coffee, blend a cup of coffee with a serving of Mitomix Ketogenic Blend and a serving of Mitomix Keto Creamer.

**SUGGESTED USE:** Adults, as a dietary supplement, mix one (1) scoop (3.5 g) with 8 fl. oz. of hot or cold beverage until desired consistency is reached.

**IF YOU ARE TAKING ANTICOAGULANTS SUCH AS WARFARIN (COUMADIN®), HEART MEDICATIONS, OR BLOOD PRESSURE MEDICATIONS, DO NOT USE. KEEP OUT OF REACH OF CHILDREN.**

**DO NOT USE IF SAFETY SEAL IS TORN OR DAMAGED.**

**IF YOU ARE NURSING, PREGNANT, TAKING MEDICATION OR HAVE A MEDICAL CONDITION, CONSULT YOUR PHYSICIAN BEFORE TAKING THIS PRODUCT.**

Dr. Mercola has been providing quality products since 2001.

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