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Suggested Usage: As a dietary supplement, take 1 dropper (1 mL) daily or as directed by your health professional.

Warning: If you are pregnant, nursing, have any health condition or taking any medication, consult your health professional before using this product.

KEEP OUT OF THE REACH OF CHILDREN.



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Store in a cool,
dry place. Use
only if safety
seal is intact.

Contents may
not fill
package in
order to
accommodate
required
labeling.
Please rely on
stated
quantity.

Formula
#200159 V5

Liquid B₁₂

Formulated with Methylcobalamin

Dietary Supplement



1.0 fl. oz. (30 mL)

Supplement Facts

Serving Size 1 Dropper (1 mL)

Servings Per Container 30

Amount Per Serving		%DV
Vitamin B ₁₂		1,000 mcg 41,667%
% Daily Value (DV)		

Other ingredients: Purified water, natural glycerin, natural cherry flavor, sodium benzoate and citric acid

Gluten-free, Non-GMO

Manufactured in Canada for:
Douglas Laboratories
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