



# Natural PUMPKIN SEED OIL SOFTGEL

**1000 MG**

Rich in Essential Fatty Acids (EFAs)



300 Softgels Dietary Supplement

Directions: As a dietary supplement, take 2 softgels with meal daily. For best results, please consult your physician.

## Supplement Facts

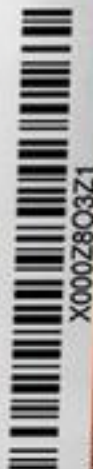
Serving size: 2 softgels Serving per container: 150	Amount Per Serving	% Daily Value**
Calories	20	
Calories from Fat	20	
Total Fat	2 g	3 %
Saturated Fat	0.5 g	3 %
Trans Fat	0 g	*
Polyunsaturated Fat	1 g	*
Monounsaturated Fat	0.5 g	*
Pumpkin Seed Oil (Cucurbita pepo) 2000 mg		*

\* Daily Value not established. \*\* Based on 2,000 calorie diet

Free of: Soy, Dairy, Yeast, Gluten, Corn  
Keep out of the reach of children. Keep in a cool, dry place.

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease. If pregnant/lactating or taking any medications, please consult your physician prior to use.

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Other Ingredients: Vegetarian Softgel (Modified food starch, vegetable glycerin, purified water).