



Organic PSYLLIUM HUSK POWDER



NATURAL FIBER



2 lb (907 g) Dietary Supplement

Directions: As a dietary supplement, take 1 scoop daily. For best results, please consult your physician.

Supplement Facts

Serving size: 5 g (1 scoop)
Serving per container: 181.4

	Amount Per Serving	% Daily Value**
Calories	15	
Total Carbohydrate	4 g	1%
Dietary Fiber	4 g	16%
Organic Psyllium Husk (Plantago ovata)(Seed Husk)	5 g	*

* Daily Value not established. ** Based on 2,000 calorie diet

Other Ingredients : None.

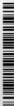
Free of: Soy, Dairy, Yeast, Gluten & Additives.

Keep out of the reach of children. Keep in a cool, dry place.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease. If pregnant/nursing or taking any medications, please consult your physician prior to use.

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