CONTAINS NO artificial colors, flavors or preservatives; no wheat, gluten, milk, eggs, peanuts, tree nuts, soy, crustacean shellfish or fish.

CLA (conjugated linoleic acid) is a naturally occurring fatty acid found in cell membranes and in breast milk. CLA has been shown in clinical studies to help maintain lean muscle mass. The typical dosage used in clinical studies is 3-6 grams per day.†

Tonalin® is a registered trademark of Cognis Corporation.
Nutritional uses on Tonalin® licensed to Cognis under U.S. patents #5,428,072, 5,554,646 and 5,430,066.

WE GUARANTEE OUR SUPPLEMENTS FOR POTENCY AND PURITY

To report a serious adverse event, call 1-888-710-0006

†These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Tonalin® The Shape Of Things To Come™

CLA

1,000 mg

Providing 780 mg of pure CLA

Supports Lean Muscle Mass†

Dietary Supplement

90 SOFTGELS

DOUBLE VERIFIED GLUTEN FREE

Supplement Facts

Serving Size 3 Softgels — Servings Per Container 30

Amount Per Serving		% Daily Value
Calories 30		
Calories from Fat 30		
Total Fat	3 g	4%**
Pure Tonalin® CLA Complex (from Safflower Oil)	3,000 mg	*
Typically Provides:		
Conjugated Linoleic Acid (CLA)	2,340 mg	*
Oleic Acid	270 mg	*
Palmitic Acid	240 mg	*
Stearic Acid	90 mg	*
Linoleic Acid	60 mg	*

* Daily Value not established.
** Percent Daily Value is based on a 2,000 calorie diet.

Other Ingredients: Gelatin, glycerin.

SUGGESTED USE: Take three softgels up to two times daily with food.

Pregnant or lactating women should consult their health care professional before using this product.

KEEP OUT OF REACH OF CHILDREN.

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