

SUGGESTED USE: Adults, as a dietary supplement, take three (3) capsules daily. Two (2) mid-day and one (1) at night, 2 hours before bed.

KEEP OUT OF REACH OF CHILDREN.

DO NOT USE IF SAFETY SEAL IS BROKEN.

IF YOU ARE NURSING, PREGNANT, TAKING MEDICATION OR HAVE A MEDICAL CONDITION, CONSULT YOUR PHYSICIAN BEFORE TAKING THIS PRODUCT.

Dr. Mercola has been providing quality products since 2001.

Formula # 202250-270 / 84093832
10238-v102



DR. MERCOLA®

MAGNESIUM L-THREONATE

Dietary Supplement

270 Capsules

Supplement Facts

Serving Size: 3 Capsules
Servings Per Container: 90

	Amount Per Serving	%DV
Magnesium (from Magnesium L-Threonate)	145 mg	35%
Magnesium L-Threonate	2,000 mg	*

*Daily Value (DV) not established.

OTHER INGREDIENTS: Capsule (Hydroxypropyl Methylcellulose), Microcrystalline Cellulose, Ascorbyl Palmitate, Hydroxypropyl Cellulose.

DISTRIBUTED BY: NHP, 125 SW 3rd Place
Cape Coral, FL 33991 USA (877) 985-2696

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