

SLEEP
sundly

MELATONIN

Triple Action

NIGHT TIME SLEEP AID
Melatonin 10 mg

- **Fall Asleep Faster**
- **Stay Asleep Longer**
- **Wake Up Refreshed**

With L-Theanine

Vegan

Directions: For adults, take one (1) tablet 30 minutes before bedtime.

Supplement Facts

Serving Size: 1 Tablet

Servings Per Container: 30

	Amount Per Serving	%Daily Value
Calcium	72 mg	6%
L-Theanine	200 mg	*
Herbal Blend:	50 mg	*
Chamomile flower extract (<i>Matricaria recutita</i>), Lavender flower (<i>Lavandula angustifolia</i>), Lemon balm extract (aerial parts) (<i>Melissa officinalis</i>), Valerian root extract (<i>Valeriana officinalis</i> L.)		
Melatonin	10 mg	*

* Daily Value not established.

Other ingredients: Dicalcium phosphate, microcrystalline cellulose, stearic acid, hydroxypropyl methylcellulose, film coat (hypromellose, glycerin, hydroxypropyl cellulose), beet juice (color), croscarmellose sodium, silica, and magnesium stearate.

Keep out of reach of children.

Protect from heat, light and moisture.

Store in a cool, dry place.

Do not use if seal is broken or missing.

WARNING: Do not drive or use machinery for 10-12 hours after taking medication.