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Read the entire label and follow the directions carefully prior to use.

DIRECTIONS: Take one (1) capsule daily with food, or as recommended by a healthcare practitioner.

Store tightly closed in a cool, dry place.

WARNINGS:

- KEEP OUT OF BEACH OF CHILDREN
- . DO NOT EXCEED RECOMMENDED DOSE.
- Do not purchase if outer seal is broken or damaged.
 When using nutritional supplements, please consult with your physician if you are undergoing treatment for a medical condition or if you are pregnant or lactatino.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

OptiZinc® is a registered trademark of InterHealth Nutritionals, Inc. TRAACS® is a registered trademark of Albion Laboratories. Inc.





Only Trace Minerals



Mineral Booster*

VEGETARIAN CAPSULES DIETARY SUPPLEMENT

Supplement Facts

Serving Size 1 Vegetarian Capsule

Amount Per Serving	% Daily Value	
Zinc (as OptiZinc® zinc monomethionine)	20 mg	182%
Copper [as copper bisglycinate chelate (TRAACS®)]	2 mg	222%
Manganese (as manganese sulfate)	2 mg	87%
Chromium [as chromium nicotinate glycinate chelate) (TRAACS®)]	400 mcg	1143%
Molybdenum [as molybdenum glycinate chelate (TRAACS®)]	250 mcg	556%
Boron (as boron citrate, aspartate, glycinate complex)	3 mg	**
Vanadyl sulfate (providing 750 mcg vanadium)	3.75 mg	**

**Daily Value not established.

Other ingredients: microcrystalline cellulose, vegetable cellulose (capsule), maltodextrin, stearic acid.

Manufactured for: Quality Supplements and Vitamins, Inc. Ft. Lauderdale, Fl. 33309 • LifeExtension.com To report a serious adverse event or obtain product information, contact 1-866-280-2852.