



Milk Thistle 80% Silybin 30%

Derived from Milk thistle
Silybum marianum seeds

Storage: Keep dry, cool & dark

100g (3.53oz)

Lot Number:

Date of manufacture

Supplement Facts

Serving Size 250 milligrams

Servings per container: 400

Amount Per Serving	% Daily Value**
Silymarin 212 mg	*
Silybin 78 mg	*

* Daily Value not established.

** Based on 2,000 calorie diet

Other Ingredients: None

Free of: Sugar, soy, dairy, yeast, gluten, corn and additives.

Directions: As a dietary supplement, take 250 milligrams (3/32 tsp) a day, or as directed by physician.

US Standard Measuring Spoons

Spoon Size (level)	milligrams
1/32 teaspoon	83
1/16 teaspoon	166
1/8 teaspoon	333

Warning: This product is not intended for use by those with a serious medical condition or pregnant or lactating women. Consult your physician before use. Keep out of reach of children.

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.