DIRECTIONS:

Take 1 softgel daily as a dietary supplement.



HEALTHY BENEFITS:



(medium chain triglycerides) 1000 mg





Natural Source Of Energy[†] 100% from Loconuts

90 Softgels | Dietary Supplement

Supplement Facts

Serving Size: 1 Softgel

Calories	10	
Calories from Fat	9	†
Calories from Saturated Fat	9	1
Total Fat	1 g	<2%
Saturated Fat	1 g	5%

**Daily Values are based on a 2,000 calories diet. Other Ingredients: Gelatin, glycerin, purified water.

No Dairy, Lactose, Sugar, Eggs, Fish, Gluten, Peanuts, Preservatives, Artificial Flavors, Artificial Colors, Crustacean Shellfish, Tree Nuts, Wheat, Yeast, Sodium.

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+Daily Value not established.

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· Keep out of reach of children. Protect from heat, light & moisture. . Store in a cool, dry place.

 Do not ingest if seal is broken. Made in the U.S.A. from globally sourced ingredients.