

Recommended Dose: Adults and Children (4 years and older): Take 4 gummies daily with a meal or as recommended by your health professional. **Children (2-3 years):** Take 2 gummies daily with a meal or as recommended by your health professional. Take a few hours before or after taking medications or other supplements. **Warning:** If you are pregnant or lactating, have any health condition or are taking any medication, particularly blood thinners, consult your health professional before use. **Keep out of the reach of children.** Use only if safety seal is intact. Store in a cool, dry place.



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GENESTRA
BRANDS®

Active Multi Vite Gummies

Dietary Supplement

Natural Raspberry-Lemon Flavor

Daily multi-vitamin gummy for adults and children

100 GUMMIES

Supplement Facts

Serving Size 4+ Years: 4 Gummies; 2-3 Years: 2 Gummies
Servings per Container 4+ Years: 25; 2-3 Years: 50

	Amount Per 4 Gummies	% DV for Adults and Children 4+ Years (4 Gummies)	Amount Per 2 Gummies	% DV for Children 2-3 Years (2 Gummies)
Calories	30		15	
Total Carbohydrate	7 g	3% [^]	4 g	3% ^{^^}
Total Sugars	2 g	*	1 g	*
Includes 2 g Added Sugars		4% [^]		
Includes 1 g Added Sugars				4% ^{^^}
Vitamin A (as vitamin A palmitate/60% beta-carotene)	750 mcg	83%	375 mcg	125%
Vitamin C (as ascorbic acid)	80 mg	89%	40 mg	267%
Vitamin D ₃ (as cholecalciferol)	25 mcg (1,000 IU)	125%	12.5 mcg (500 IU)	83%
Vitamin E (as d-alpha tocopheryl acetate)	10 mg	67%	5 mg	83%
Vitamin K ₁ (as phyloquinone)	120 mcg	100%	60 mcg	200%
Thiamin (as thiamin mononitrate)	1.5 mg	125%	0.75 mg	150%
Riboflavin	1.7 mg	131%	0.85 mg	170%
Niacin (as niacinamide)	11 mg	69%	5.5 mg	92%
Vitamin B ₆ (as pyridoxine hydrochloride)	5 mg	294%	2.5 mg	500%

	Amount Per 4 Gummies	% DV for Adults and Children 4+ Years (4 Gummies)	Amount Per 2 Gummies	% DV for Children 2-3 Years (2 Gummies)
Folate (as Metafolin®, L-5-MTHF)	400 mcg DFE (240 mcg L-5-MTHF)	100%	200 mcg DFE (120 mcg L-5-MTHF)	133%
Vitamin B ₁₂ (as methylcobalamin)	100 mcg	4,167%	50 mcg	5,556%
Biotin	100 mcg	333%	50 mcg	625%
Pantothenic Acid (as calcium d-pantothenate)	5 mg	100%	2.5 mg	125%
Choline (as choline bitartrate)	30 mg	5%	15 mg	8%
Iodine (as potassium iodide)	112 mcg	75%	56 mcg	62%
Zinc (as zinc citrate)	9 mg	82%	4.5 mg	150%
Chromium (as chromium picolinate)	50 mcg	143%	25 mcg	227%
Organic Fruit Blend	100 mg	*	50 mg	*
Strawberry Fruit, Orange Fruit, Lemon Fruit, Raspberry Fruit, Blueberry Fruit, Tart Cherry Fruit, Pomegranate Fruit, Cranberry Fruit				

* Daily value (DV) not established

[^] Percent Daily Values are based on a 2,000 calorie diet

^{^^} Percent Daily Values are based on a 1,000 calorie diet

Other ingredients: Isomaltooligosaccharides, cane sugar, pectin, natural flavors, apple puree, citric acid, sodium citrate, purified water, natural black carrot color, stevia leaf extract, vegetarian coating (organic sunflower oil, carnauba wax, medium chain triglycerides, hyprolose, glycerin)

Metafolin® is a registered trademark of Merck KGaA, Darmstadt, Germany.

