

MCTs (Medium Chain Triglycerides) are your body's preferred source of energy. The major fatty acid in coconut oil is presently being acknowledged for its health properties. Country Farms® MCT Oil from Coconut oil is easy to take and beneficial to support a healthy lifestyle.

Country Farms® MCT Oil fits easily into your daily routine as a clean, fast acting energy source. Perfect for drinking alone or mixing into your favorite beverage while providing optimal health benefits.†

READY TO USE:



COFFEE



YOGURT



SMOOTHIES



SHAKES

Item #N11096



MCT OIL

Medium Chain Triglycerides Powder

100% COCONUT SOURCE

NATURAL SOURCE OF ENERGY*

FATTY ACIDS • KETO FRIENDLY



SUGAR
FREE

GLUTEN
FREE

100%
VEGAN

UNFLAVORED

DIETARY SUPPLEMENT • 37 SERVINGS • NET WT 10.4 OZ (296 G)

DIRECTIONS: Add 1 heaping tablespoon to 10-12 fl. oz. of cold water or any beverage of your choice. Stir until smooth or use a shaker cup or blender.

Supplement Facts

Serving Size: 1 Tablespoon (8g)

Serving Per Container: 37

	Amount Per Serving	% Daily Value
Calories	40	
Total Fat	4 g	6%
Saturated Fat	4 g	20%
Sodium	0 mg	0%
Total Carbohydrate	3 g	1%
Dietary Fiber	3 g	12%
Protein	0 g	0%
MCT Oil Powder	8 g	†

* Percent Daily Values are based on a 2,000 calorie diet.

† Daily value not established.

Ingredients: MCT Oil (Medium Chain Triglycerides) Powder.

Contains: Tree nuts (coconut).

- Keep out of reach of children.
- Protect from heat, light, & moisture.
- Store in cool, dry place.
- Do not use if seal is broken.



@CountryFarmsFresh

Sold by weight, not volume.
Settling may have occurred.

Distributed by:
Country Farms®
10 Henderson Drive
West Caldwell, NJ 07006

© 2019 Copyright Country Farms®
All rights reserved.
CountryFarms.com

†These statements have not been
evaluated by the Food and Drug
Administration. This product is not
intended to diagnose, treat, cure, or
prevent any disease.

Made in the U.S.A. from
globally sourced ingredients.