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product info

Read the entire label and follow the directions carefully prior to use.

**DIRECTIONS:** Mix one (1) teaspoon of BUFFERED VITAMIN C POWDER into a glass of water. Wait for the fizz to stop before consuming. The minerals buffer out the normally acidic vitamin C to make a pleasant tasting drink. To ensure product consistency store tightly closed in a cool, dry place.

**CAUTION:** Consuming high doses of this highly potent product can initially cause diarrhea, especially when taken on an empty stomach. Take with meals starting off low and gradually increasing the dose.

Store tightly closed in a cool, dry place.

#### WARNINGS:

- KEEP OUT OF REACH OF CHILDREN.
- DO NOT EXCEED RECOMMENDED DOSE.
- Do not purchase if outer seal is broken or damaged.
- When using nutritional supplements, please consult with your physician if you are undergoing treatment for a medical condition or if you are pregnant or lactating.



L00084H



# Buffered Vitamin C Powder



GLUTEN FREE



Vitamin C for  
Sensitive Stomachs

NET WT. 454 G  
(1 LB. OR 16 OZ.)

DIETARY  
SUPPLEMENT

## Supplement Facts

Serving Size 1 Rounded Teaspoon (approx. 5.4 g)  
Servings Per Container About 84

Amount Per Serving	%Daily Value	
Vitamin C (as ascorbic acid)	4000 mg	4444%
Calcium (as calcium carbonate)	145 mg	11%
Magnesium (as magnesium carbonate)	55 mg	13%
Zinc (as zinc gluconate)	2 mg	18%
Potassium (as potassium carbonate)	365 mg	8%

Other ingredients: none.

Manufactured for:  
Quality Supplements and Vitamins, Inc.  
Ft. Lauderdale, FL 33309  
LifeExtension.com

To report a serious adverse event or obtain product information, contact 1-866-280-2852.

Vegetarian

Density may vary from lot to lot.