

Recommended Dose: Take 1 teaspoon daily or as recommended by your health professional. Do not drink directly from the bottle. **Warning:** If you are pregnant or lactating, have any health condition or are taking any medication, consult your health professional before use. **CAUTION:** Accidental overdose of liquid vitamin D products can lead to serious adverse side effects in infants. THIS PRODUCT IS NOT INTENDED FOR INFANTS. The recommended daily dose of vitamin D for infants is 10 mcg (400 IU). This product delivers 25 mcg (1,000 IU) of vitamin D per dose. **Keep out of the reach of children.** Use only if safety seal is intact. Refrigerate after opening.

[†]This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



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Contents may not fill package in order to accommodate required labeling. Please rely on stated quantity.



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Made in Canada for
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GENESTRA
BRANDS®

Super EFA Forte Liquid + D

Dietary Supplement

Natural Orange Flavor

Supports cardiovascular, cognitive and bone health[†]

16.9 fl oz (500 mL)

Supplement Facts

Serving Size 1 Teaspoon (5 mL)
Servings per Container about 100

	Amount Per Serving	% DV
Calories	40	
Total Fat	4.5 g	6%^
Cholesterol	15 mg	5%
Vitamin D (as cholecalciferol)	25 mcg (1,000 IU)	125%
Fish Oil (from Anchovy, Sardine and Mackerel)	4,500 mg	*
Yielding		
EPA (Eicosapentaenoic Acid)	1,500 mg	*
DHA (Docosahexaenoic Acid)	1,000 mg	*
Total Omega-3	2,600 mg	*

* Daily value (DV) not established
^ Percent daily values (DV) are based on a 2,000 calorie diet

Other ingredients: Sweet orange oil, rosemary leaf extract, mixed tocopherols concentrate

Contains: Fish (Anchovy, Sardine and Mackerel)

