



FLAXSEED OIL SOFTGEL



Omega 3 6 9 • Supports Heart Health*



300 softgels



Directions: As a dietary supplement, take 1 softgel daily. For best results, please consult your physician.

Supplement Facts

Serving size: 1 softgel Serving per container: 300	Amount Per Serving	% Daily Value**
Calories	20	
Calories from Fat	10	
Total Fat	1.5 g	2 %
Polyunsaturated Fat	1 g	
Vitamin E (as d-Alpha Tocopherol)	1 IU	3 %
Organic Flaxseed Oil	1400 mg	*
Alpha-Linolenic Acid (Omega-3)	700 mg	*
Linoleic Acid (Omega-6)	154 mg	*
Oleic Acid (Omega-9)	168 mg	*

* Daily Value not established. ** Based on 2,000 calorie diet

Other Ingredients: Vegetarian Softgel (Modified food starch, vegetable glycerin, purified water).

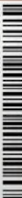
Free of: Soy, Dairy, Yeast, Gluten, Corn. Keep out of the reach of children. Keep in a cool, dry place.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease. If pregnant/lactating or taking any medications, please consult your physician prior to use.

Distributed By:
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Organic Certifiers

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