SUGGESTED USE: Adults, as a dietary supplement, take one (1) capsule daily with a meal.

KEEP OUT OF REACH OF CHILDREN.
DO NOT USE IF SAFETY SEAL IS BROKEN.
IF YOU ARE NURSING, PREGNANT,
TAKING MEDICATION OR HAVE A MEDICAL
CONDITION. CONSULT YOUR PHYSICIAN

BEFORE TAKING THIS PRODUCT.Dr. Mercola has been providing quality products since 2001.



DR.MERCOLΛ°

HAIR, SKIN AND NAILS

Biotin, Keratin & Hyaluronic Acid

Dietary Supplement

30 Capsules

Supplement Facts

Serving Size: 1 Capsule

	Amount Per Serving	%DV
Biotin	5,000 mcg	16667%
Keratin	500 mg	*
Low Density Hyaluronic Acid (as Sodium Hyaluronate)	20 mg	*

*Daily Value (DV) not established.

OTHER INGREDIENTS: Capsule (Hydroxypropyl Methylcellulose), Rice Hull.

DISTRIBUTED BY: NHP, 125 SW 3rd Place Cape Coral, FL 33991 USA (877) 985-2696