

DIRECTIONS: Take 1 tablet daily with food as a dietary supplement or as directed by a healthcare professional.

KEEP OUT OF REACH OF CHILDREN.

Protect from heat, light & moisture.

Store in a cool, dry place.

Do not purchase if seal is broken.

MADE IN THE U.S.A. FROM GLOBALLY SOURCED INGREDIENTS.

†These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

For more info, visit us at www.windmillvitamins.com

ITEM: 134A / TC: 529910N2



B-COMPLEX

WITH CHOLINE & INOSITOL

Pharmacist Recommended

**Balanced B-Vitamin
Promotes Energy Metabolism†
Nervous System Support†**

100 TABLETS | DIETARY SUPPLEMENT

Supplement Facts

Serving Size: 1 Tablet

	Amount Per Serving	%Daily Value
Vitamin B1 (as thiamin HCl)	5 mg	417%
Vitamin B2 (as riboflavin)	5 mg	385%
Niacin (as niacinamide)	50 mg	313%
Vitamin B6 (as pyridoxine HCl)	5 mg	294%
Folate (as folic acid)	200 mcg DFE (120 mcg folic acid)	50%
Vitamin B12 (as cyanocobalamin)	25 mcg	1,042%
Biotin	25 mcg	83%
Pantothenic acid (as D-calcium pantothenate)	20 mg	400%
Calcium (as dicalcium phosphate)	50 mg	4%
Choline (as choline bitartrate)	20 mcg	<1%
Inositol	50 mcg	*
PABA (para-aminobenzoic acid)	40 mg	*

*Daily value not established.

Other ingredients: Dicalcium phosphate, microcrystalline cellulose, stearic acid, croscarmellose sodium, silica, magnesium stearate and coating (hypromellose, glycerine, carnuba wax, talc).

NO SUGAR, WHEAT, MILK, SOY, ARTIFICIAL COLORS, FLAVORS OR PRESERVATIVES

- Gluten Free -

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