

● NEO-3® process utilizes lipase enzymes to enrich EPA and DHA concentrations, while virtually eliminating contaminants, and helps to deliver a clean taste.
Recommended Dose: Adults and Adolescents (9 years and older): Take 1 teaspoon daily with a meal or as recommended by your health professional. **Children (1-8 years):** Take ½ teaspoon daily with a meal or as recommended by your health professional. **Warning:** If you are pregnant or lactating, have any health condition or are taking any medication, consult your health professional before use. **CAUTION:** Accidental overdose of liquid vitamin D products can lead to serious adverse side effects in infants. THIS PRODUCT IS NOT INTENDED FOR INFANTS. The recommended daily dose of vitamin D for infants is 10 mcg (400 IU). This product delivers 25 mcg (1,000 IU) of vitamin D per teaspoon and 12.5 mcg (500 IU) per ½ teaspoon. **Keep out of the reach of children.** Use only if safety seal is intact. Refrigerate after opening.
NEO-3® is the registered trademark of NSJL Limited, used under license.

[†]This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



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Contents may not fill package in order to accommodate required labeling. Please rely on stated quantity.

v2 **483-200U**
Made in Canada for
Seroyal USA
Pittsburgh, PA 15275
1-888-737-6925
seroyal.com



Super EFA Liquid Plus D

Dietary Supplement
Natural Orange Flavor

Supports cardiovascular, cognitive, and bone health[†]

6.8 fl oz (200 mL)



Supplement Facts

Serving Size 9+ Years: 1 Teaspoon (5 mL); 1-8 Years: ½ Teaspoon (2.5 mL)
Servings per Container 9+ Years: about 40; 1-8 Years: about 80

	Amount Per Teaspoon	% DV for Adults and Adolescents 9+ Years (1 Teaspoon)	Amount Per ½ Teaspoon	% DV for Children 4-8 Years (½ Teaspoon)	% DV for Children 1-3 Years (½ Teaspoon)
Calories	40		20		
Total Fat	4.5 g	6% ^	2.5 g	3% ^	6% ^^
Saturated Fat	1 g	5% ^	0.5 g	3% ^	5% ^^
Cholesterol	45 mg	15%	25 mg	8%	8%
Vitamin D (as cholecalciferol)	25 mcg (1,000 IU)	125%	12.5 mcg (500 IU)	63%	83%
Fish Oil (from Anchovy and Sardine)	4,560 mg	*	2,280 mg	*	*
Yielding					
EPA (Eicosapentaenoic Acid)	950 mg	*	475 mg	*	*
DHA (Docosahexaenoic Acid)	725 mg	*	362.5 mg	*	*
Total Omega-3 Fatty Acids	1,975 mg	*	987.5 mg	*	*

* Daily value (DV) not established
^ Percent daily values (DV) are based on a 2,000 calorie diet
^^ Percent daily values (DV) are based on a 1,000 calorie diet

Other ingredients: Orange oil, natural mixed tocopherols
Contains: Fish (anchovy, sardine)

