

L-Ornithine a-ketoglutarate OKG

CAUTION: Do not use if you have a herpes infection or cold sores.

Storage: Keep dry, cool & dark 100g (3.53oz) Lot Number: Date of manufacture

Supplement Facts

Serving Size 2000 milligrams Servings per container: 50

Amount Per Serving	% Daily Value**	- 50
L-Ornithine alpha-ketoglutarate 2000 mg		*

- * Daily Value not established.
- ** Based on 2,000 calorie diet

Other Ingredients: None

Free of: sugar, soy, dairy, yeast, gluten, corn and additives.

Directions: As a dietary supplement, take 1000 mg (3/4 tsp) to 2000 mg (scant 1/2 Tbsp) daily, or as directed by physician.

US Standard Measuring Spoons	
Spoon Size (level)	milligrams
1/4 teaspoon	393
1/2 teaspoon	786
1 teaspoon	1572

Warning: This product is not intended for use by those with a serious medical condition or pregnant or lactating women. Consult your physician before use. Keep out of reach of children.