

L-Glutamine alpha-Ketoglutarate

Warning: Persons with liver or kidney disease, or Reye's Syndrome should not use.

> Storage: Keep dry, cool & dark 100g (3.53oz) Lot Number: Date of manufacture

Supplement Facts

Serving Size 1200 milligrams Servings per container: about 83

Amount Per Serving	% Daily Value**	
L-Glutamine (as L-Glutamine Alpha Ketoglutarate) 867mg		*
Alpha Ketoglutarate (as L-Glutamine Alpha Ketoglutarate) 433 mg		•

- * Daily Value not established.
- ** Based on 2,000 calorie diet

Other Ingredients: None

directed by physician.

Free of: sugar, soy, dairy, yeast, gluten, corn and additives.

Directions: As a dietary supplement, take 650 mg (scant 1/4 tsp) to 1300 mg (1/2 tsp) up to three times daily, or as

US Standard Measuring Spoons

Spoon Size (level)	milligrams	
1/8 teaspoon	328	
1/4 teaspoon	657	
1/2 teaspoon	1316	

Warning: This product is not intended for use by those with a serious medical condition or pregnant or lactating women. Consult your physician before use. Keep out of reach of children.