

Bio-Calm is specifically designed to magnify the calming effects of the different ingredients. Calm twitching muscles, nervousness, and muscle cramps with Bio-Calm.

Recommendation: Take three to six capsules per day following meals or as directed by your health care professional.

† Bio-Calm is an amino acid chelate that is high in natural amino acids. Complexing minerals with amino acids increases uptake by 60% to 100% and provides deeper cellular penetration for longer biological half-life retention.

WARNING: KEEP OUT OF THE REACH OF CHILDREN. If tamper resistant seals are broken do not use this product.



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NUTRACEUTICALS

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Bio-Calm

Calming Dietary
Supplement

90 Capsules

Bringing Balance Back to Life

Supplement Facts

Serving Size: 4 Capsules

Servings Per Container: 22.5

	Amount	%DV
Vitamin C	120 mg	200%
Vitamin D3	400 IU	100%
Vitamin K	100 mcg	125%
Niacinamide	36 mg	180%
Pyridoxine	10 mg	500%
Calcium †	400 mg	40%
Magnesium †	600 mg	150%
Collagen	400 mg	**
Valerian (root)	200 mg	**
Boron	800 mcg	**

** Daily Value not established.

Other Ingredients: Vegetable fiber, magnesium stearate and silica.

