

Natures Plus.



Nutritional Support for Free-Radical Defense, Natural Energy Production and Overall Well-Being.*

Source of Life® GOLD is the world's most exciting whole-food-based multivitamin, mineral and enzyme-rich whole food supplement. In fact, it is the gold standard in natural supplementation. **Source of Life GOLD** nutritionally supports total body health and vitality with even more of the revitalizing nutrients that have made Source of Life synonymous with the **Guaranteed Burst of Energy!**®

Mouthwatering tropical-fruit-flavored **Source of Life GOLD** Liquid features:

- Complete profile of essential vitamins and minerals
- Anti-aging, antioxidant powerhouses açai, trans-resveratrol, NAC, MSM and CoQ10
- **Organic Gold Standard Whole Food Complex** (guava, holy basil, lemon, acerola fruit) (standardized B complex and vitamin C)
- **Whole Food PhytoAlgae and Organic Mushroom Blend:** nutrient-dense oceanic superfoods and certified organic blend of mushrooms, including all major types
- 1000 IU vitamin D3 and 100 mcg vitamin K2
- **Full Spectrum Prebiotic Blend** with FOS, apple pectin, modified citrus pectin and flax to promote probiotic and GI health
- More than 120 colorful fruits and vegetables

Convenient Drip-Proof Bottle

Free from artificial colors and sweeteners.

DIRECTIONS: SHAKE WELL. As a dietary supplement, take two tablespoons or one capful (about 30 ml) once daily. Tastes great straight from the bottle, or mix it with your favorite beverage.

KEEP TIGHTLY CLOSED.
REFRIGERATE AFTER OPENING.
KEEP OUT OF REACH OF CHILDREN.

* This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Supplement Facts

Serving Size 2 Tablespoons or 1 Capful (1 fl. oz.) (29.57ml)
Servings Per Container 30

Amount Per Serving	%Daily Value
Calories	25
Total Carbohydrate	5 g 2%**
Sugars	5 g †
Vitamin A (as palmitate; from spirulina and <i>Dunaliella salina</i> ; beta carotene)	10,000 IU 200%
Vitamin C (as ascorbic acid, ascorbyl palmitate; naturally occurring from Organic Gold Standard††)	500 mg 833%
Vitamin D3 (as cholecalciferol from lichen)	1000 IU 250%
Vitamin E (as d-alpha tocopheryl acetate)	200 IU 667%
Vitamin K2 (as menaquinone-4 and menaquinone-7)	100 mcg 125%
Thiamin (vitamin B1) (as thiamine mononitrate; naturally occurring from Organic Gold Standard††)	26.1 mg 1740%
Riboflavin (vitamin B2) (riboflavin; naturally occurring from Organic Gold Standard††)	26 mg 1529%
Niacin (as niacinamide; naturally occurring from Organic Gold Standard††)	41.7 mg 209%
Vitamin B6 (as pyridoxine HCl; naturally occurring from Organic Gold Standard††)	26.1 mg 1305%
Folate (as calcium-L-5-methyltetrahydrofolate; naturally occurring from Organic Gold Standard††)	425 mcg 106%
Vitamin B12 (as methylcobalamin)	1000 mcg .. 16.667%
Biotin	100 mcg 33%
Pantothenic Acid (as calcium pantothenate; naturally occurring from Organic Gold Standard††)	62 mg 619%
Calcium (as citrate)	50 mg 5%
Iodine (as potassium iodide)	150 mcg 100%
Magnesium (as citrate)	25 mg 6%
Zinc (as gluconate)	7.5 mg 50%
Selenium (as whole brown rice amino acid complex)	25 mcg 36%
Copper (as whole brown rice amino acid complex; from copper chlorophyllin)	3 mg 150%
Manganese (as gluconate)	4 mg 200%
Chromium (as picolinate)	20 mcg 17%
Potassium (as citrate)	50 mg 1%

Whole Food PhytoAlgae & Organic Mushroom Blend†† – Proprietary complex of Fucaceae (*Ascophyllum nodosum*), Laminaria brown algae (*Laminaria digitata*), Irish moss (*Chondrus crispus*), dulse (*Palmaria palmata*), red seaweed (*Lithothamnium calcareum*), spirulina algae (*Spirulina platensis*), bladderwrack (*Fucus vesiculosus*), hijiki (*Sargassum fusiforme*), wakame (*Ulva esculenta*), nori (*Porphyra yezoensis*), kombu (*Laminaria setchellii*); Mushrooms: wood ear, Cordysim™ (*Blonectria ochroleuca*), maitake, shiitake, oyster mushroom, white wood ear; chlorophyll (from spirulina and copper chlorophyllin) from concentrate

Multi Color Whole Food Blend††..... 725 mg†

††Organic Gold Standard

Whole Food Complex – Guava (*Psidium guajava*), holy basil (*Ocimum tenuiflorum*), lemon, acerola (*Malpighia glabra*) fruit (std. naturally occurring B complex and vitamin C)

Energizing and Cleansing Green Whole Food Blend – Cooked whole brown rice, spirulina, fructooligosaccharides (FOS), beet greens, cabbage, parsley, celery seed, papaya, broccoli, spinach, pea, Chinese green tea leaf (decaffeinated), turmeric, Korean ginseng, green coffee bean, thyme, rice bran, chlorella, olive, cucumber, juniper berry, lime

Amount Per Serving

Strength and Endurance White Whole Food Blend – Sage, konjac root fiber, acacia, date, banana, potato, horseradish, white tea, *Phaseolus vulgaris* bean, artichoke, parsnip, turnip, cauliflower, ginger, chia, chicory root, garlic, onion, lemon, citrus pectin, bamboo (*Bambusa vulgaris* stem), shiitake mushroom

Defense and Repair Yellow Whole Food Blend – Carrot, mango, grapefruit, apple cider vinegar, pear, honeydew melon, pineapple, yellow squash, kiwi, sunflower seed, oregano leaf, pumpkin, fennel seed, annatto seed, clove, hops, rosemary, tangerine, lemongrass, marigold flower, watercress, cinnamon, flax, guava

Brain Support Blue Whole Food Blend – Black currant extract, blueberry, blackberry, elderberry, lingonberry, agave, plum, cherry, purple fig, passion fruit, kale, rhubarb root, acerola, beet, hibiscus, pomegranate extract, wolfberry (goji), açai, grape seed extract, carob, prune, rose hips

Anti-Aging Red Whole Food Blend – Noni, mangosteen, apple, apricot, cranberry, orange, peach, red raspberry, gooseberry, strawberry, tomato, lycopene, red grape, red wine (alcohol-free), black raspberry, bilberry, nopal cactus, purple carrot, fenugreek, watermelon

Amino Acids – (20 essential and non-essential amino acids from spirulina, Whole Food PhytoAlgae, chia and mineral aminoates)
Ginseng Root (Korean) (naturally providing.....) 50 mg†
ginsenosides R [a through h] and F)

Inositol..... 30 mg†

Trans-Resveratrol Complex..... 25 mg†
(from standardized concentrates of red wine [*V. vinifera* fruit] [alcohol-free], grape seed [*Vitis vinifera*] and *Polygonum cuspidatum* root)

Full Spectrum Prebiotic Complex..... 25 mg†
FOS (fructooligosaccharides), apple pectin, modified citrus pectin, soluble vegetable oligosaccharides, flax

Whole Food Omega Fatty Acid Blend..... 25 mg†
(supplying 13 mg of Omega-3, Omega-9, and other healthful fatty acids) (from chia, spirulina, sunflower seed, black currant, flax seed, borage)

Enzyme-Rich Whole Food Blend..... 25 mg†
Pineapple, papaya, beet juice, turmeric, parsley, ginger

Bioflavonoid and Antioxidant Whole Food Blend..... 25 mg†
– Active flavonols, flavonones, flavones & naringin; hesperidin and eriocitrin from *Citrus limon* exocarp; quercetin and rutin (from *Dimorphandra mollis* & *Sophora japonica*)

PABA (para-aminobenzoic acid)..... 15 mg†
Choline (as bitartrate)..... 13 mg†
Coenzyme Q10..... 10 mg†
Lutein (active carotenoid from marigold flower extract) 3 mg†
Lycopene (active carotenoid from tomato)..... 2.5 mg†

** Percent Daily Values are based on a 2,000 calorie diet.

† Daily Value (DV) not established.

†† See Multi Color Whole Food Blend.

‡‡ For details, visit www.naturesplus.com.

Other ingredients: Purified water, Vitasweet® (fruit juice concentrate, agave nectar, luo han guo fruit extract), citric acid, fructose, honey, gallic acid, stevia, ellagic acid, natural flavors, vegetable glycerin, xanthan gum, Anti-Aging Blend (alpha-lipoic acid, R-lipoic acid, glutathione, MSM [methylsulfonylmethane], NAC [N-acetyl cysteine], turmeric [std. curcumin], grape [*Vitis vinifera*] seed extract [std. proanthocyanidins]), sodium benzoate (preserves freshness), potassium sorbate (preserves freshness), maltodextrin, guar gum, Trace Mineral Complex (soluble prehistoric plant-based minerals and rare earth elements).

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